



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL



### Personal Information

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**Degree Program at TAU:** MBA Coller

**Host University:** University of North Carolina at Chapel Hill. Kenan Flagler business school

**Exchange term (including the duration):** Spring 2026 – Mod IV (March-May)

**Phone number (optional):**

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### Exchange Experience

Please use the outline below to write your report:

- **About the country and city**

I spent my exchange period in Chapel Hill, North Carolina, through the MBA exchange program. Chapel Hill is a beautiful, calm, and welcoming college town with a strong student atmosphere, many green areas, cafés, restaurants, and places to meet people. I enjoyed it a lot.

- **About the host university – campus and school atmosphere, location, staff attention and care.**

The host university had a beautiful campus and a very professional, friendly, and international atmosphere. The staff were helpful and caring, and I felt supported from the beginning of the exchange period. The location was also very convenient, and the whole environment made it easy to feel part of the university community.

- **Courses and professors**

The courses were interesting, practical, and based a lot on class discussions, case studies, and teamwork. The professors were professional and encouraged students to participate, share opinions, and think critically. I really enjoyed the learning experience because it exposed me to new perspectives and different ways of thinking about business.

- **Extra curricula – orientation, social activities, student union, etc.**

The orientation was very useful and helped me understand the university, the campus, and what to expect during the semester. There were many social activities, student events, and opportunities to meet both local and international students. I enjoyed these activities so much because they helped me build friendships and feel connected to the school.

- **Career center (if applicable)**

- **Business and Network Development**

One of the most valuable parts of the exchange was the opportunity to develop my international business network. I met MBA students, professors, entrepreneurs, and professionals from different countries and industries.

- **Accommodation – dorms and other solutions**

Accommodation in Chapel Hill was comfortable, but it is important to arrange it early because good options can be limited. Some students stayed in university housing, while others rented private apartments or shared houses near campus. I recommend living close to the university because it makes the whole experience much easier and more enjoyable.

- **Visa**

The visa process required preparation, documents from the university, forms, and an embassy appointment. It is very important to start early and follow all the instructions carefully. Once the visa was approved, the process of entering the U.S. and starting the exchange was smooth.

- **Transportation**

Transportation in Chapel Hill was convenient, especially around campus and nearby areas. There were buses and student transportation options, but for traveling to places like Durham, Raleigh, or other cities, a car or rideshare was useful. Overall, getting around was manageable as long as I planned ahead.

- **Insurance and health services**

Health insurance was an important part of the exchange because healthcare in the U.S. can be expensive. The university provided clear information about insurance and health services, which made the process easier. I recommend understanding the insurance coverage before arrival to avoid confusion later.

- **Living expenses**

Living expenses in Chapel Hill were reasonable compared to larger cities in the U.S., but still required planning. Rent, food, transportation, and social activities can add up during the semester. Budgeting in advance helped me enjoy the experience without unnecessary financial stress.

- **Food**

Chapel Hill had many food options, including restaurants, cafés, campus dining, and international food. I enjoyed trying new places and local food, and food was definitely part of the overall experience.

- **Night life**

The nightlife in Chapel Hill was more relaxed and student-oriented compared to Tel Aviv. There were bars, restaurants, house gatherings, and student events, mainly around the campus area.

- **Tips**

My main tip is to come with an open mind and take advantage of every opportunity, both academic and social. It is important to arrange housing, visa, insurance, and courses as early as possible. I also recommend joining as many events as possible, because some of the best memories come from experiences outside the classroom.

- **How did this exchange experience add value to your studies at Collier?**

The exchange experience added a lot of value to my MBA studies at Collier because it exposed me to a different academic culture and international business environment. It helped me compare the Israeli and American approaches to business, leadership, and networking. Overall, I enjoyed the exchange so much, and it made my MBA experience more global, practical, and meaningful

- **Photos**





















Please note that the Coller School of Management may publish your report on its website.  
For any further information, please contact the Global Engagement Lead – Outgoing,  
[coordinator@taux.tau.ac.il](mailto:coordinator@taux.tau.ac.il)